

## Mathematics Awareness Month

April is Mathematics and Statistics Awareness Month. Since the start of Mathematics Awareness Week back in 1986, the aim has been to increase the level of interest in the study of mathematics and increase the level of public understanding and appreciation for the wide range of applications for mathematics in fields as diverse as manufacturing, business and medicine. However, sometimes we overlook a daily activity that can help students not only advance their math skills but also establish

life skills. That activity is cooking. Cooking with recipes engages reading skills, comprehension and math. Recipes might include fractions, measuring and portioning—many of the basic skills students need to excel in math. Consider encouraging your child to select a few recipes he or she would like to make. Then, take some extra time to have fun and appreciate together the opportunity cooking brings to build a greater understanding and appreciation for mathematics.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

[www.liftoffsplyground.com](http://www.liftoffsplyground.com)

### BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>April 1</b> French Toast Sticks Applesauce ----- Fruit Juice & Milk	<b>April 2</b> Breakfast Pizza Biscuits & Gravy Bananas ----- Fruit Juice & Milk	<b>April 3</b> Egg & Cheese Breakfast Burrito Orange Smiles ----- Fruit Juice & Milk	<b>April 4</b> Sausage Biscuit Donut Bananas ----- Fruit Juice & Milk	<b>April 5</b> NO SCHOOL
<b>April 8</b> Cinnamon Toast Crunch Pastry Bar Applesauce ----- Fruit Juice & Milk	<b>April 9</b> Scrambled Eggs & Toast Donut Bananas ----- Fruit Juice & Milk	<b>April 10</b> Biscuits & Gravy Orange Smiles ----- Fruit Juice & Milk	<b>April 11</b> H&C English Muffin Cinnamon Roll Craisins ----- Fruit Juice and Milk	<b>April 12</b> Sausage Biscuit Apple Slices ----- Fruit Juice & Milk
<b>April 15</b> French Toast Bites Applesauce ----- Fruit Juice & Milk	<b>April 16</b> Apple Cinnamon Muffin Egg & Cheese English Muffin Bananas ----- Fruit Juice & Milk	<b>April 17</b> Breakfast Pizza Orange Smiles ----- Fruit Juice & Milk	<b>April 18</b> Yogurt Waffle Flatbread Stacker Bananas ----- Fruit Juice & Milk	<b>April 19</b> NO SCHOOL
<b>April 22</b> Pancake Sausage Bites Applesauce ----- Fruit Juice & Milk	<b>April 23</b> Biscuits & Gravy Cinnamon Roll Bananas ----- Fruit Juice & Milk	<b>April 24</b> Egg & Cheese Breakfast Burritos Orange Smiles ----- Fruit Juice & Milk	<b>April 25</b> Ham & Cheese English Muffin Blueberry Muffin Craisins ----- Fruit Juice & Milk	<b>April 26</b> French Toast Sticks Apple Slices ----- Fruit Juice & Milk
<b>April 29</b> French Toast Bites Applesauce ----- Fruit Juice & Milk	<b>April 30</b> Apple Cinnamon Muffin Egg & Cheese English Muffin Bananas ----- Fruit Juice & Milk			

### Fresh Pick Recipe

#### OVEN ROASTED BROCCOLI WITH PANKO (SERVES 4)

- 1 tablespoon garlic (raw)
- 2 tablespoons fresh basil (chopped)
- 2 cups fresh broccoli (cooked)
- 1/2 cup canned tomato (diced)
- 2 tablespoons canola/olive oil blend
- 1/8 teaspoon black pepper (ground)
- 1 tablespoon Italian seasoning
- 2 tablespoons panko bread crumbs
- 2 tablespoons grated Parmesan cheese

1. Chop garlic.
2. Wash basil and pat dry. Pull leaves off of stem and roughly chop.
3. Chop broccoli.
4. Drain tomatoes.
5. Lightly coat broccoli, chopped garlic and diced tomatoes with oil, Italian seasoning and pepper. Spread out on parchment lined sheet pan.
6. Bake in 450°F standard (conventional) oven for 10 minutes and broccoli is tender.
7. Sprinkle broccoli mixture with Panko and bake 5 more minutes.
8. Carefully transfer broccoli mixture to serving pan. Garnish with Parmesan cheese and basil.

**NUTRITION FACTS:**  
 395 calories, 10g fat,  
 197mg sodium, 3g fiber

Variety of cereal, fat-free, & low-fat milk offered daily

Nutrition Information is available upon request.

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**1**

Chicken Alfredo Mac  
Italian Cheese Dippers (V)  
Pizza Bento Box (V)

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Roasted Green Beans  
Roasted Broccoli

**2**

Cheese Pizza (V)  
Chicken Quesadilla  
American Sandwich

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Pinto Beans  
Chocolate Chip Cookie

**3**

Grilled Cheese Sandwich (V)  
Spaghetti & Meat Sauce  
Turkey & Cheese Sandwich

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Sweet Peas  
Sweet Potato Fries

**4**

Chili Cheese Dog  
Frito Chili Pie  
Sunbutter & Jelly Sandwich (V)

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Carrot Coins  
Steamed Corn

**5**

NO SCHOOL

**8**

Walking Nachos  
BBQ Chicken Sandwich  
Taco Cheese Wrap

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Black Beans  
Roasted Baby Carrots

**9**

Crispy Beef Tacos  
Corn Dog  
Crispy Chicken Wrap

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Roasted Broccoli  
Crinkle Cut Fries  
Chocolate Chip Cookie

**10**

Breakfast 4 Lunch  
Pepperoni Pizza  
American Sandwich

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Baked Apples  
Green Beans

**11**

Chicken Nuggets  
Chili Cheese Fries  
Chicken Caesar Wrap

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Sweet Peas  
Mashed Potatoes & Gravy

**12**

Sloppy Joes  
Tater Tot Casserole  
Just Peachy Parfait (V)

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Mixed Vegetables  
Tater Tots

**15**

Crispy Beef Tacos  
Chicken & Waffle  
Ham & Cheese Sandwich

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Sweet Potato Deep Groove Crinkles  
Baked Cinnamon Apples

**16**

Italian Dunkers (V)  
Lasagna  
Buffalo Chicken Wrap

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Green Beans  
Chocolate Chip Cookie

**17**

Beef & Cheese Nachos (V)  
Mexi-Chicken Nachos  
Crispy Chicken Wrap

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Corn Elotes  
Charro Beans

**18**

Twisted Dog  
Spaghetti & Meat Sauce  
Sunbutter & Jelly Sandwich (V)

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Roasted Broccoli  
Tater Tot

**19**

NO SCHOOL

**22**

BBQ Riblet Sandwich  
Baked Beef Penne  
American Sandwich

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Green Beans  
Sweet Potato Deep Groove Crinkles

**23**

Cheese Pizza (V)  
Hamburger  
Chicken Caesar Wrap

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Roasted Broccoli  
Crinkle Cut Fries  
Chocolate Chip Cookie

**24**

Crispy Chicken Sandwich  
Chicken Nuggets  
Strawberry Banana Parfait (V)

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Smile Fries  
Corn

**25**

Beefy Totchos  
Cheese Quesadilla (V)  
Crispy Chicken Wrap

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Refried Beans  
Onion & Pepper Tater Tot Hash

**26**

Beef & Cheese Nachos  
BBQ Glazed Drum Stick  
Sunbutter & Jelly Sandwich (V)

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Baked Beans  
Glazed Baby Carrots

**29**

Cheeseburger  
Macaroni & Cheese (V)  
Ham & Cheese Sandwich

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California Blend Vegetables  
Tater Tots

**30**

Crispy Beef Tacos  
Popcorn Chicken Bowl  
Hearty Garden Salad (V)

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Corn  
Mashed Potatoes  
Chocolate Chip Cookie