

## Oklahoma SAFE-CALL



This helpline has been developed for you and other students, parents, and staff members to help maintain a safe and positive school environment. The purpose of SAFE-CALL is to promote school safety and report harmful or illegal activity.

The call is anonymous and free!

**Phone: 1-877-SAFECALL ext. OK-1**

**Web site: <[www.oksafecall.com](http://www.oksafecall.com)>**

For more information:



**Oklahoma State Department of Education**  
**2500 North Lincoln Boulevard**  
**Oklahoma City, Oklahoma 73105**  
**<[sde.state.ok.us](http://sde.state.ok.us)> - 405-521-2106**

# FREE

**prevention resources for  
parents, students, and staff**



**Oklahoma State Department of Education**  
**<[www.sde.state.ok.us](http://www.sde.state.ok.us)> - 405-521-2106**

## Alcohol

### **Underage Drinking Prevention Materials**

<[www.samhsa.gov/underagedrinking/index.aspx](http://www.samhsa.gov/underagedrinking/index.aspx)>

### **National Institute on Alcohol Abuse and Alcoholism: Drinking Prevention Materials**

<[www.pubs.niaaa.nih.gov/publications/psa/underage.htm](http://www.pubs.niaaa.nih.gov/publications/psa/underage.htm)>

### **Leadership to Keep Children Alcohol Free**

<[www.alcoholfreechildren.org](http://www.alcoholfreechildren.org)>

### **Why 21?**

<[www.why21.org](http://www.why21.org)>

### **Prevention Education for Underage Drinking**

<[www.stopalcoholabuse.gov](http://www.stopalcoholabuse.gov)>

## Bullying

### **Stop Bullying Now!**

<[www.stopbullyingnow.hrsa.gov/adults/default.aspx](http://www.stopbullyingnow.hrsa.gov/adults/default.aspx)>

### **Cyberbullying Resource Center**

<[www.cyberbullying.us](http://www.cyberbullying.us)>

### **Center for Safe and Responsible Internet Use**

<[www.cyberbully.org](http://www.cyberbully.org)>

### **15+ Take Time To Listen, Make Time To Talk about Bullying**

<[www.mentalhealth.samhsa.gov/15plus](http://www.mentalhealth.samhsa.gov/15plus)>

### **Media Awareness Network**

<[www.media-awareness.ca](http://www.media-awareness.ca)>

### **Stop Cyberbullying**

<[www.stopcyberbullying.org](http://www.stopcyberbullying.org)>

### **Circle of Respect**

<[www.ncpc.org/programs/circle-of-respect](http://www.ncpc.org/programs/circle-of-respect)>

## Notes



## Additional Web sites

### **Revised Sexual Harassment Guide**

#### **U.S. Department of Education**

<[www.ed.gov/about/offices/list/ocr/docs/shguide.html](http://www.ed.gov/about/offices/list/ocr/docs/shguide.html)>

### **National Crime Prevention Council: Cyberbullying**

<[www.ncpc.org/topics/cyberbullying](http://www.ncpc.org/topics/cyberbullying)>

### **National Crime Prevention Council on Bullying**

<[www.ncpc.org/topics/bullying](http://www.ncpc.org/topics/bullying)>

### **Medline Plus on Bullying**

<[www.nlm.nih.gov/medlineplus/bullying.html](http://www.nlm.nih.gov/medlineplus/bullying.html)>

## **Crisis Planning and Recovery**

### **A Biosecurity Checklist for Food Service Programs: Developing a Biosecurity Management Plan**

<[www.healthymeals.nal.usda.gov/hsmrs/biosecurity.pdf](http://www.healthymeals.nal.usda.gov/hsmrs/biosecurity.pdf)>

### **School Crisis Guide**

#### **Helping and Healing in a Time of Crisis**

<[www.neahin.org/crisisguide](http://www.neahin.org/crisisguide)>

### **Emergency Preparedness and Response Site**

<[www.bt.cdc.gov](http://www.bt.cdc.gov)>

### **Communicating in a Crisis: Risk Communication Guidelines for Public Officials**

<[www.riskcommunication.samhsa.gov/riskcomm.pdf](http://www.riskcommunication.samhsa.gov/riskcomm.pdf)>

### **Department of Defense: War on Terrorism**

<[www.defendamerica.mil/wot.html](http://www.defendamerica.mil/wot.html)>

### **U.S. Department of Homeland Security: Readiness**

<[www.ready.gov](http://www.ready.gov)>

### **Federal Emergency Management (FEMA)**

#### **Are You Ready?**

<[www.fema.gov/pdf/areyouready/areyouready\\_full.pdf](http://www.fema.gov/pdf/areyouready/areyouready_full.pdf)>

### **U.S. Department of Homeland Security**

<[www.dhs.gov](http://www.dhs.gov)>



### **National School Safety and Security**

<[www.schoolsecurity.org](http://www.schoolsecurity.org)>

### **FEMA Primer to Design Safe School Project in Case of Terrorist Attacks**

<[www.fema.gov/plan/prevent/rms/rmsp428.shtm](http://www.fema.gov/plan/prevent/rms/rmsp428.shtm)>

### **National Resource Center for Child Traumatic Stress**

<[www.nctsn.net](http://www.nctsn.net)>

### **Resources on Emergency Evacuation and Disaster Preparedness for People with Disabilities**

<[www.access-board.gov/evac.htm](http://www.access-board.gov/evac.htm)>

### **Practical Information on Crisis Planning**

<[www.ed.gov/admins/lead/safety/emergencyplan/crisisplanning.pdf](http://www.ed.gov/admins/lead/safety/emergencyplan/crisisplanning.pdf)>

### **Bright Horizons Emergency Preparedness Plan**

<[www.brighthorizons.com/talktochildren](http://www.brighthorizons.com/talktochildren)>

### **Tips for Talking to Children After a Disaster**

<[www.mentalhealth.samhsa.gov/disasterrelief/publications/allpubs/tips/parent\\_teach.pdf](http://www.mentalhealth.samhsa.gov/disasterrelief/publications/allpubs/tips/parent_teach.pdf)>

### **Tips for Talking to Children After Traumatic Events**

<[www.download.ncadi.samhsa.gov/ken/pdf/KEN01-0093/KEN01-0093.pdf](http://www.download.ncadi.samhsa.gov/ken/pdf/KEN01-0093/KEN01-0093.pdf)>

## **Dating Violence**

### **National Teen Dating Abuse Helpline**

<[www.loveisrespect.org](http://www.loveisrespect.org)>

### **National Domestic Violence Hotline**

<[www.ndvh.org](http://www.ndvh.org)>

### **Violence Against Women**

<[www.ovv.usdoj.gov](http://www.ovv.usdoj.gov)>

### **Texas Council on Family Violence**

<[www.tcfv.org](http://www.tcfv.org)>

### **Stop Bullying Now!**

<[www.stopbullyingnow.hrsa.gov/kids](http://www.stopbullyingnow.hrsa.gov/kids)>

### **The Cool Spot**

<[www.thecoolspot.gov](http://www.thecoolspot.gov)>

### **NIDA for Teens**

<[www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)>

### **KidsHealth Kids Site**

<[www.kidshealth.org/kid](http://www.kidshealth.org/kid)>

### **Federal Communications Commission: Kids Zone**

<[www.fcc.gov/cgb/kidszone](http://www.fcc.gov/cgb/kidszone)>

### **KidsHealth Teen Site**

<[www.kidshealth.org/teen](http://www.kidshealth.org/teen)>

### **Tobacco Reality Unfiltered**

<[www.realityunfiltered.com](http://www.realityunfiltered.com)>

### **Federal Bureau of Investigations: Kids Page**

<[www.fbi.gov/fbikids.htm](http://www.fbi.gov/fbikids.htm)>

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**Safe Start Center**

<[www.safestartcenter.org](http://www.safestartcenter.org)>

**National Crime Prevention Council: Hate Crimes**

<[www.npc.org/topics/hate-crime](http://www.npc.org/topics/hate-crime)>

**Warning Signs of Youth Violence**

<[www.apa.org/helpcenter/warning-signs.aspx#](http://www.apa.org/helpcenter/warning-signs.aspx#)>

**National PTA: Physical Safety**

<[www.pta.org/topic\\_physical\\_safety.asp](http://www.pta.org/topic_physical_safety.asp)>

**Not In Our Town (Hate Crimes)**

<[www.pbs.org/niot](http://www.pbs.org/niot)>

**Hate Crimes Prevention Center**

<[www.civilrights.org](http://www.civilrights.org)>

**U.S. Office of Civil Rights**

<[www.ed.gov/about/offices/list/ocr/know.html](http://www.ed.gov/about/offices/list/ocr/know.html)>

**Runaway Youth and Relationship Violence Toolkit**

<[www.nrcdv.org/rhydvtoolkit](http://www.nrcdv.org/rhydvtoolkit)>

**Youth Web sites**

**Check Yourself**

<[www.checkyourself.com](http://www.checkyourself.com)>

**Tobacco Stops With Me**

<[www.stopswithme.com](http://www.stopswithme.com)>

**Above The Influence**

<[www.abovetheinfluence.com](http://www.abovetheinfluence.com)>

**U.S. Department of Homeland Security:  
Ready Kids**

<[www.ready.gov/kids](http://www.ready.gov/kids)>

**Web Wise Kids**

<[www.webwisekids.org](http://www.webwisekids.org)>

**Love is Not Abuse**

<[www.loveisnotabuse.com](http://www.loveisnotabuse.com)>

**Teen Dating Violence Facts**

<[www.abanet.org/unmet/teendating/facts.pdf](http://www.abanet.org/unmet/teendating/facts.pdf)>

**Family Violence Prevention Fund**

<[www.endabuse.org](http://www.endabuse.org)>

**The Safe Space**

<[www.thesafespace.org](http://www.thesafespace.org)>

**Energy Drinks**

**Energy Fiend**

<[www.energyfiend.com](http://www.energyfiend.com)>

**Energy Drink: Power Boosts or Empty Boasts?**

<[www.family.samhsa.gov/monitor/energydrinks.aspx](http://www.family.samhsa.gov/monitor/energydrinks.aspx)>

**Gangs**

**The Reality of Gangs Brochure**

<[www.npc.org/resources/files/pdf/gangs/gangs.pdf](http://www.npc.org/resources/files/pdf/gangs/gangs.pdf)>

**Parents Guide to Gangs Brochure**

<[www.nationalgangcenter.gov/parents-guide-to-gangs](http://www.nationalgangcenter.gov/parents-guide-to-gangs)>

**Gang Awareness Guide: Recognize the Signs**

<[www.ogia.us/docs/Gangs%20Signs.pdf](http://www.ogia.us/docs/Gangs%20Signs.pdf)>

**Oklahoma Gang Investigators Association**

<[www.ogia.us](http://www.ogia.us)>

**Gang Resistance Education And Training**

<[www.great-online.org](http://www.great-online.org)>

**National Gang Center**

<[www.nationalgangcenter.gov/publications](http://www.nationalgangcenter.gov/publications)>



## **Office of Community-Oriented Policing Services**

<[www.cops.usdoj.gov/RIC/ResourceList.aspx?lt=Category&CID=2&srt=Title&pn=1](http://www.cops.usdoj.gov/RIC/ResourceList.aspx?lt=Category&CID=2&srt=Title&pn=1)>

## **Manual to Combat Truancy**

<[www.ed.gov/pubs/Truancy/index.html](http://www.ed.gov/pubs/Truancy/index.html)>

## **Inhalants**

### **National Inhalants Prevention Coalition**

<[www.inhalants.org](http://www.inhalants.org)>

### **Inhalants**

<[www.inhalants.drugabuse.gov](http://www.inhalants.drugabuse.gov)>

### **Tips for Teens: Inhalants Brochure**

<[www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=14528](http://www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=14528)>

## **Internet Safety**

### **GetNetWise**

<[www.getnetwise.org](http://www.getnetwise.org)>

### **i-Safe America: Internet Safety Curriculum**

<[www.isafe.org](http://www.isafe.org)>

### **Net Smartz Workshop**

<[www.netsmartz.org](http://www.netsmartz.org)>

### **Cyber Smart Curriculum**

<[www.cybersmartcurriculum.org](http://www.cybersmartcurriculum.org)>

### **Wired Kids**

<[www.wiredkids.org](http://www.wiredkids.org)>

### **Net Cetera: Chatting With Kids About Being Online**

<[www.ftc.gov/bcp/edu/pubs/consumer/tech/teco4.pdf](http://www.ftc.gov/bcp/edu/pubs/consumer/tech/teco4.pdf)>

### **FTC: Computers and the Internet**

<[www.ftc.gov/bcp/menus/consumer/tech/privacy.shtm](http://www.ftc.gov/bcp/menus/consumer/tech/privacy.shtm)>

## **Tobacco**

### **Tobacco-Free Kids**

<[www.tobaccofreekids.org](http://www.tobaccofreekids.org)>

### **Tips for Teens: Tobacco Brochure**

<[www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=14530](http://www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=14530)>

### **Nicotine Addiction and Other Dangers of Tobacco Use**

<[www.smoking.drugabuse.gov](http://www.smoking.drugabuse.gov)>

### **Center for Disease Control and Prevention: Smoking and Tobacco Use**

<[www.cdc.gov/tobacco](http://www.cdc.gov/tobacco)>

### **Spit Tobacco: A Guide for Quitting**

<[www.nider.nih.gov/OralHealth/Topics/SpitTobacco/SpitTobaccoAGuideforQuitting.htm](http://www.nider.nih.gov/OralHealth/Topics/SpitTobacco/SpitTobaccoAGuideforQuitting.htm)>

## **Youth-Led Organizations**

### **Students Working Against Tobacco**

<[www.ok.gov/okswat](http://www.ok.gov/okswat)>

### **Students Against Destructive Decisions**

<[www.sadd.org/intro.htm](http://www.sadd.org/intro.htm)>

## **Youth Violence**

### **Youth Violence Prevention Resource Center**

<[www.safeyouth.org](http://www.safeyouth.org)>

### **Preventing Youth Hate Crime Manual**

<[www2.ed.gov/pubs/HateCrime/start.html](http://www2.ed.gov/pubs/HateCrime/start.html)>

### **Teaching Tolerance**

<[www.tolerance.org](http://www.tolerance.org)>

### **Bystander Study**

<[www.secretservice.gov/ntac/bystander\\_study.pdf](http://www.secretservice.gov/ntac/bystander_study.pdf)>





**Above the Influence**  
<[www.abovetheinfluence.com](http://www.abovetheinfluence.com)>

**Check Yourself**  
<[www.checkyourself.com](http://www.checkyourself.com)>

**Steroids, Stimulants, and HGH**  
<[www.drugfree.org/PlayHealthy](http://www.drugfree.org/PlayHealthy)>

**DXM: Make Up Your Own Mind**  
<[www.dxmstories.com](http://www.dxmstories.com)>

**Community Anti-Drug Coalitions of America**  
<[www.cadca.org](http://www.cadca.org)>

**Substance Abuse and Mental Health Services**  
<[www.samhsa.gov](http://www.samhsa.gov)>

**Oklahoma Bureau of Narcotics**  
<[www.ok.gov/obnndd](http://www.ok.gov/obnndd)>

## **Suicide**

**Games Adolescents Shouldn't Play (Choking Game)**  
<[www.deadlygameschildrenplay.com](http://www.deadlygameschildrenplay.com)>

**National Suicide Prevention Lifeline**  
<[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)>

**Suicide Prevention Resource Center**  
<[www.sprc.org](http://www.sprc.org)>

**American Association of Suicidology**  
<[www.suicidology.org](http://www.suicidology.org)>

**The Jason Foundation**  
<[www.jasonfoundation.com](http://www.jasonfoundation.com)>

**Reach Out: Get Through Tough Times**  
<[www.reachout.com](http://www.reachout.com)>

**National Crime Prevention Council: Internet Safety**  
<[www.ncpc.org/topics/internet-safety](http://www.ncpc.org/topics/internet-safety)>

**Center for Safe and Responsible Internet Use**  
<[www.cyberbully.org](http://www.cyberbully.org)>

**OnGuard Online**  
<[www.onguardonline.gov](http://www.onguardonline.gov)>

**iKeepSafe**  
<[www.ikeepsafe.org](http://www.ikeepsafe.org)>

**National Cyber Security Alliance**  
<[www.staysafeonline.org](http://www.staysafeonline.org)>

**Prevent Cyberbullying and Internet Harassment**  
<[www.cyberbully411.org](http://www.cyberbully411.org)>

**Common Sense on Media for Educators**  
<[www.common sense media.org/educators](http://www.common sense media.org/educators)>

## **Marijuana**

**Marijuana**  
<[www.marijuana-info.org](http://www.marijuana-info.org)>

**Tips for Teens: Marijuana Brochure**  
<[www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=14538](http://www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=14538)>

## **Mental Health**

**National Association of School Psychologists**  
<[www.naspcenter.org](http://www.naspcenter.org)>

**National Center for Child Traumatic Stress**  
<[www.nctsnet.org](http://www.nctsnet.org)>

**National Mental Health Information Center**  
<[www.nmhicstore.samhsa.gov](http://www.nmhicstore.samhsa.gov)>

**Reach Out: Get Through Tough Times**  
<[www.reachout.com](http://www.reachout.com)>



**Oklahoma Department of Mental Health  
and Substance Abuse Services**

<[www.ok.gov/odmhsas](http://www.ok.gov/odmhsas)>

## **Methamphetamine**

**National Institute on Drug Abuse: Meth**

<[www.drugabuse.gov/infofacts/methamphetamine.html](http://www.drugabuse.gov/infofacts/methamphetamine.html)>

**Tips for Teens: Methamphetamine Brochure**

<[www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=15891](http://www.ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=15891)>

**Meth Resource, Tools, and Information**

<[www.methresources.dreamhosters.com/wp](http://www.methresources.dreamhosters.com/wp)>

**Meth Resource Information**

<[www.methresources.gov](http://www.methresources.gov)>

## **Military Families**

**National Military Family Association**

<[www.militaryfamily.org](http://www.militaryfamily.org)>

**Military One Source**

<[www.militaryonesource.com](http://www.militaryonesource.com)>

**Military Child Initiative School Connectedness**

<[www.jhsph.edu/bin/i/e/MCI\\_Monograph\\_FINAL.pdf](http://www.jhsph.edu/bin/i/e/MCI_Monograph_FINAL.pdf)>

**John Hopkins Bloomberg School of Public Health  
Military Child Initiative**

<[www.jhsph.edu/mci](http://www.jhsph.edu/mci)>

**Operation Military Kids (OMK)**

<[www.operationmilitarykids.org](http://www.operationmilitarykids.org)>

## **Parent Resources**

**The Parent's Guide to the Teen Brain**

<[www.drugfree.org/teenbrain](http://www.drugfree.org/teenbrain)>

**Office of National Drug Control Policy**

<[www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov)>

**U.S. Drug Enforcement Administration**

<[www.dea.gov](http://www.dea.gov)>

**The Partnership for a Drug-Free America**

<[www.drugfree.org](http://www.drugfree.org)>

**National Crime Prevention Council: Drug Abuse**

<[www.ncpc.org/topics/drug-abuse](http://www.ncpc.org/topics/drug-abuse)>

**Tips for Teens Brochure**

<[www.ncadistore.samhsa.gov/catalog/results.aspx?h=drugs&topic=100](http://www.ncadistore.samhsa.gov/catalog/results.aspx?h=drugs&topic=100)>

**Join Together News Articles**

<[www.jointogether.org](http://www.jointogether.org)>

**Street Drugs**

<[www.streetdrugs.org](http://www.streetdrugs.org)>

**Center for Substance Abuse Research**

<[www.cesar.umd.edu/cesar/cesarfax.asp](http://www.cesar.umd.edu/cesar/cesarfax.asp)>

**Anabolic Steroid Abuse**

<[www.steroidabuse.gov](http://www.steroidabuse.gov)>

**Alcohol and Drug Information Multimedia  
Webcasts, Presentation, and E-Books**

<[www.ncadistore.samhsa.gov/catalog/media.aspx?topic=128&h=publications](http://www.ncadistore.samhsa.gov/catalog/media.aspx?topic=128&h=publications)>

**Club Drugs**

<[www.clubdrugs.gov](http://www.clubdrugs.gov)>

**Elks Drug Awareness Program**

<[www.elks.org/drugs](http://www.elks.org/drugs)>

**ODMHSAS Prevention Resource Center**

<[www.odmhsas.org/resourcecenter/\(S\(cdxs245vsuthqaclugenh2x\)\)/default.aspx](http://www.odmhsas.org/resourcecenter/(S(cdxs245vsuthqaclugenh2x))/default.aspx)>





**Safeguarding Our Children: An Action Guide**

<[www.ed.gov/admins/lead/safety/actguide/action\\_guide.pdf](http://www.ed.gov/admins/lead/safety/actguide/action_guide.pdf)>

**School Violence Prevention**

<[www.mentalhealth.samhsa.gov/schoolviolence/links.asp](http://www.mentalhealth.samhsa.gov/schoolviolence/links.asp)>

**Student Pledge Against Gun Violence**

<[www.pledge.org](http://www.pledge.org)>

**The School Shooter: FBI Indicators Guide**

<[www.fbi.gov/kids/parents/parents.htm](http://www.fbi.gov/kids/parents/parents.htm)>

**The Appropriate and Effective Use of Security Technologies in U.S. Schools**

<[www.ncjrs.gov/school/178265.pdf](http://www.ncjrs.gov/school/178265.pdf)>

**National Crime Prevention Council: School Safety**

<[www.npc.org/topics/school-safety](http://www.npc.org/topics/school-safety)>

**The Challenge Newsletter**

<[www.thechallenge.org](http://www.thechallenge.org)>

**U.S. Department of Education Free Publications**

<[www.edpubs.gov](http://www.edpubs.gov)> Search: School Safety

**Substance Abuse**

**National Institute on Drug Abuse (NIDA)**

<[www.drugabuse.gov](http://www.drugabuse.gov)>

**NIDA Goes Back to School Curricula**

<[www.backtoschool.drugabuse.gov/curricula.php](http://www.backtoschool.drugabuse.gov/curricula.php)>

**The Anti-Drug**

<[www.theantidrug.com](http://www.theantidrug.com)>

**National Clearinghouse for Alcohol and Drug Information**

<[www.ncadi.samhsa.gov](http://www.ncadi.samhsa.gov)>

**The Anti-Drug**

<[www.theantidrug.com](http://www.theantidrug.com)>

**Time to Talk**

<[www.timetotalk.org](http://www.timetotalk.org)>

**Partnership for a Drug-Free America**

<[www.timetoact.drugfree.org](http://www.timetoact.drugfree.org)>

**National Institute on Drug Abuse: Parents**

<[www.teens.drugabuse.gov/parents/index.php](http://www.teens.drugabuse.gov/parents/index.php)>

**Marijuana: Facts Parents Need to Know**

<[www.drugabuse.gov/MarijBroch/MarijparentsN.html](http://www.drugabuse.gov/MarijBroch/MarijparentsN.html)>

**National Runaway Switchboard**

<[www.nrscrisisline.org](http://www.nrscrisisline.org)>

**A Parent's Guide to Internet Safety**

<[www.fbi.gov/publications/pguide/parentsguide.pdf](http://www.fbi.gov/publications/pguide/parentsguide.pdf)>

**Teen Using Drugs: Time to Act**

<[www.timetoact.drugfree.org](http://www.timetoact.drugfree.org)>

**Child Abuse and Neglect Brochure**

<[sde.state.ok.us/Programs/ECEduc/pdf/PAbuseNeg.pdf](http://sde.state.ok.us/Programs/ECEduc/pdf/PAbuseNeg.pdf)>

**Federal Communications Commission: Parent Place**

<[www.fcc.gov/parents](http://www.fcc.gov/parents)>

**Keeping Your Kids Drug-Free:**

**A How-to Guide for Parents and Caregivers**

<[www.ncadi.samhsa.gov/govpubs/PHD884/message.aspx](http://www.ncadi.samhsa.gov/govpubs/PHD884/message.aspx)>

**Stop Bullying Now: What Adults Can Do**

<[www.stopbullyingnow.hrsa.gov/adults/default.aspx](http://www.stopbullyingnow.hrsa.gov/adults/default.aspx)>

**KidsHealth for Parents**

<[www.kidshealth.org/parent](http://www.kidshealth.org/parent)>

**Common Sense on Media**

<[www.common sense media.org](http://www.common sense media.org)>



**Keeping Youth Mentally Healthy and Drug Free:  
Family Guide**

<[www.family.samhsa.gov](http://www.family.samhsa.gov)>

**Drug-Free Parent Resource Center**

<[www.drugfree.org/parent](http://www.drugfree.org/parent)>

**Suspect Your Teen Is Using Drugs or Drinking?**

<[www.theantidrug.com/pdfs/ei/parents\\_brochure.pdf](http://www.theantidrug.com/pdfs/ei/parents_brochure.pdf)>

**Federal Bureau of Investigation—Parents**

<[www.fbi.gov/kids/parents/parents.htm](http://www.fbi.gov/kids/parents/parents.htm)  
[AI\\_brochure.pdf](#)>

**Search Institute: MVParents**

<[www.mvparents.com](http://www.mvparents.com)>

**Getting High on Prescription and Over-the-Counter  
Drugs is Dangerous Brochure**

<[www.download.ncadi.samhsa.gov/ken/](http://www.download.ncadi.samhsa.gov/ken/)>

**When It's Not Your Kid, How Do You Deal With  
Drug Use and Drinking? Brochure**

<[www.theantidrug.com/pdfs/resources/general](http://www.theantidrug.com/pdfs/resources/general)  
[AI\\_brochure.pdf](#)>

## Personal Health

**KidsHealth in the Classroom Teacher's Guides**

<[classroom.kidshealth.org](http://classroom.kidshealth.org)>

**The Center for Health and Health Care in Schools**

<[www.healthinschools.org](http://www.healthinschools.org)>

**Center for Disease Control: Seasonal Flu**

<[www.cdc.gov/flu](http://www.cdc.gov/flu)>

**Center for Disease Control: Germ Stopper**

<[www.cdc.gov/germstopper/resources.htm](http://www.cdc.gov/germstopper/resources.htm)>

**Flu**

<[www.flu.gov](http://www.flu.gov)>

**Oklahoma State Department of Education  
Physical Education and Health**

<[www.sde.state.ok.us/Schools/PE/default.html](http://www.sde.state.ok.us/Schools/PE/default.html)>

## Prescription Drugs

**National Council on Patient Information  
and Education**

<[www.talkaboutrx.org](http://www.talkaboutrx.org)>

**Prescription Drugs Abuse and Addiction**

<[www.drugabuse.gov/ResearchReports/Prescription/Prescription.html](http://www.drugabuse.gov/ResearchReports/Prescription/Prescription.html)>

**Prescription Drugs With Potential for Abuse Chart**

<[www.drugabuse.gov/PDF/PrescriptionDrugs.pdf](http://www.drugabuse.gov/PDF/PrescriptionDrugs.pdf)>

**Med Help: Pill Finder**

<[www.medhelp.org/pillfinder](http://www.medhelp.org/pillfinder)>

**Not In My House**

<[www.drugfree.org/notinmyhouse](http://www.drugfree.org/notinmyhouse)>

## School Safety

**State Office of Safe and Healthy Schools**

<[www.sde.state.ok.us/Schools/SafeHealthy/default.html](http://www.sde.state.ok.us/Schools/SafeHealthy/default.html)>

**U.S. Office of Safe and Drug-Free Schools**

<[www.ed.gov/about/offices/list/osdfs/index.html](http://www.ed.gov/about/offices/list/osdfs/index.html)>

**National School Safety Center Materials**

<[www.schoolsafety.us](http://www.schoolsafety.us)>

**A Guide to Safe Schools**

<[www.ed.gov/about/offices/list/osers/osep/gtss.html](http://www.ed.gov/about/offices/list/osers/osep/gtss.html)>

**National PTA: School Violence**

<[www.pta.org/topic\\_school\\_violence.asp](http://www.pta.org/topic_school_violence.asp)>

**Center for Preventing School Violence**

<[www.cpsv.org](http://www.cpsv.org)>

