

Asthma in Kids

Asthma is the most common chronic disease of childhood.

In an average classroom of **30 kids,**





4 in 10 children who wheeze when they get colds or respiratory infections will be diagnosed with asthma.

About

An estimated 5 million children in the U.S. have asthma.

Among all U.S. children, asthma affects about:



11% of all boys ages 5-14

14% of all Black children

Each year, children with poorly managed asthma have more than:

10 million 74,000 767,000 missed hospital trips to the school days emergency room stays Г

Children with asthma may experience:







Chest tightness



Shortness of breath

If your child has asthma...

Work with their healthcare provider to:

- Develop an asthma action plan
- Identify and avoid triggers
- Take medicines as prescribed
- ✓ Watch for any changes

Share the **asthma action plan** with your child's caretakers and school.

Your child can lead a full and active life with proper asthma management.

